



**ALL SAINTS**  
ANGLICAN CHURCH



**Lent 2026**

All Saints Anglican Church, Calgary  
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Cover: Jacopo Tintoretto, *Christ washing the Feet of the Disciples*, about 1575-80.  
Oil on canvas, 204.5 × 410.2 cm. The National Gallery, London.

#### Overview from the National Gallery:

After supper with his disciples, Christ rose and began to wash their feet (John 13:2–17). When Peter refused to allow this, Christ replied that if Peter would not allow him to wash his feet then he had no place with him. Peter then asked Christ to wash his hands and head as well, but Christ said those who were clean only needed to have their feet washed. He told the disciples that they should follow his example and wash one another's feet. The episode illustrates the need for self-abasement and fraternal love, as well as for purification by Baptism and penance.

The picture was commissioned by the Scuola di Santissimo Sacramento for the chapel of the Most Holy Sacrament in S. Trovaso, Venice, where it hung opposite Tintoretto's Last Supper (still in the chapel today).

The painting is very damaged and worn and the paint has darkened in many places. The checkered floor was schematically repainted in the nineteenth century.

# HOLY COMMUNION

*Please join in texts printed in **bold***

*A hymn, psalm, or anthem*

## THE ACCLAMATION

Bless the Lord who forgives all our sins.  
**His mercy endures for ever.**

*Kneel or sit*

## THE COLLECT FOR PURITY

**A**lmighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

## THE SUMMARY OF THE LAW

Hear what our Lord Jesus Christ says:

You shall love the Lord your God with all your heart and with all your soul and with all your mind. This is the first and great commandment. And the second is like it: You shall love your neighbour as yourself. On these two commandments depend all the Law and the Prophets.

MATTHEW 22:37-40

**Lord, have mercy upon us, and write both these your laws in our hearts, we beseech you.**

## THE KYRIE

*Sung:*

**Lord, have mercy upon us.**

**Christ, have mercy upon us.**

**Lord, have mercy upon us.**

Edward Norman

Lord, have mer - cy up - on us. Christ, have mer - cy up - on us.  
Ky - ri - e el - ei - son. Chris - te el - ei - son.

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Lord, have mer - cy up - on us.  
Ky - ri - e el - ei - son.

## THE COLLECT OF THE DAY

The Lord be with you.

**And with your spirit.**

Let us pray.

FIRST SUNDAY IN LENT

*February 22*

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations, and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

SECOND SUNDAY IN LENT

*March 1*

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities that may happen to the body, and from all evil thoughts that may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THIRD SUNDAY IN LENT

*March 8*

Heavenly Father, you have made us for yourself, and our hearts are restless until they rest in you: Look with compassion upon the heartfelt desires of your servants, and purify our disordered affections, that we may behold your eternal glory in the face of Christ Jesus; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

FOURTH SUNDAY IN LENT

*March 15*

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him; who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

FIFTH SUNDAY IN LENT *Passion Sunday*

*March 22*

Almighty God, you alone can bring into order the unruly wills and affections of sinners: Grant your people grace to love what you command and desire what you promise; that, among the swift and varied changes of this world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

PALM SUNDAY

*March 29*

Almighty and everlasting God, in your tender love for us you sent your Son our Saviour Jesus Christ to take upon himself our nature, and to suffer death upon the Cross, giving us the example of his great humility: Mercifully grant that we may walk in the way of his suffering, and come to share in his resurrection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

# 51

## *Miserere mei, Deus*

- 1 Have mercy upon me, O God, in your great goodness;  
**according to the multitude of your mercies wipe away  
my offences.**
- 2 Wash me thoroughly from my wickedness  
**and cleanse me from my sin.**
- 3 For I acknowledge my faults,  
**and my sin is ever before me.**
- 4 Against you only have I sinned, and done this evil in your sight,  
**so that you are justified in your sentence, and blameless  
in your judgment.**
- 5 Behold, I was brought forth in wickedness,  
**and in sin my mother conceived me.**
- 6 But behold, you desire truth in the inward parts  
**and shall make me understand wisdom secretly.**
- 7 You shall purge me with hyssop, and I shall be clean;  
**you shall wash me, and I shall be whiter than snow.**
- 8 You shall make me hear of joy and gladness,  
**that the bones which you have broken may rejoice.**
- 9 Turn your face from my sins,  
**and blot out all my misdeeds.**
- 10 Create in me a clean heart, O God,  
**and renew a right spirit within me.**
- 11 Cast me not away from your presence,  
**and take not your holy Spirit from me.**
- 12 O give me the comfort of your help again,  
**and sustain me with your willing Spirit.**

Glory be to the Father, and to the Son, and to the Holy Spirit;  
**as it was in the beginning, is now, and ever shall be,  
world without end. Amen.**

- 12 Blessed is the nation whose God is the LORD,  
**and blessed are the people he has chosen for himself to be his inheritance.**
- 13 The LORD looks down from heaven and beholds all the children of men;  
**from the habitation of his dwelling he considers all those who dwell on the earth.**
- 14 He fashions all the hearts of them  
**and understands all their works.**
- 15 There is no king who can be saved by a mighty host;  
**neither is any mighty man delivered by great strength.**
- 16 A horse is considered a vain hope to save a man;  
**neither shall it deliver anyone by its great strength.**
- 17 Behold, the eye of the LORD is upon those who fear him,  
**and upon those who put their trust in his mercy,**
- 18 To deliver their soul from death,  
**and to feed them in the time of famine.**
- 19 Our soul has patiently waited for the LORD,  
**for he is our help and our shield.**
- 20 Our heart shall rejoice in him,  
**because we have hoped in his holy Name.**
- 21 Let your merciful kindness, O LORD, be upon us,  
**as we have put our trust in you.**

Glory be to the Father, and to the Son, and to the Holy Spirit;  
**as it was in the beginning, is now, and ever shall be,  
world without end. Amen.**

- 1 O come, let us sing unto the LORD;  
    **let us heartily rejoice in the strength of our salvation.**
- 2 Let us come before his presence with thanksgiving  
    **and show ourselves glad in him with psalms.**
- 3 For the LORD is a great God  
    **and a great King above all gods.**
- 4 In his hand are all the depths of the earth,  
    **and the heights of the hills are his also.**
- 5 The sea is his, for he made it,  
    **and his hands prepared the dry land.**
- 6 O come, let us worship and fall down,  
    **and kneel before the LORD our Maker.**
- 7 For he is our God,  
    **and we are the people of his pasture, and the sheep of his hand.**
- 8 Today, if you will hear his voice, harden not your hearts  
    **as in the provocation, and as in the day of temptation in the wilderness,**
- 9 When your fathers tested me,  
    **and put me to the proof, though they had seen my works.**
- 10 Forty years long was I grieved with this generation and said,  
    **“It is a people that err in their hearts, for they have not known my ways,”**
- 11 Of whom I swore in my wrath  
    **that they should not enter into my rest.**

Glory be to the Father, and to the Son, and to the Holy Spirit;  
    **as it was in the beginning, is now, and ever shall be,**  
    **world without end. Amen.**

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*King James Version*

- 1 The LORD is my shepherd;  
**I shall not want.**
- 2 He maketh me to lie down in green pastures:  
**he leadeth me beside the still waters.**
- 3 He restoreth my soul:  
**he leadeth me in the paths of righteousness for his  
Name's sake.**
- 4 Yea, though I walk through the valley of the shadow of death, I will  
fear no evil:  
**for thou art with me; they rod and thy staff they comfort me.**
- 5 Though preparest a table before me in the presence of mine enemies:  
**thou anointest my head with oil, my cup runneth over.**
- 6 Surely goodness and mercy shall follow me all the days of my life:  
**and I will dwell in the house of the LORD for ever.**

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*De profundis*

- 1 Out of the deep have I called unto you, O LORD;  
**Lord, hear my voice.**
- 2 O let your ears consider well  
**the voice of my supplications.**
- 3 If you, LORD, were to mark what is done amiss,  
**O Lord, who could abide it?**
- 4 For there is mercy with you;  
**therefore you shall be feared.**
- 5 I wait for the LORD; my soul waits for him;  
**in his word is my trust.**
- 6 My soul waits for the Lord,  
**more than watchmen for the morning, more than watchmen for  
the morning.**
- 7 O Israel, trust in the LORD, for with the LORD there is mercy,  
**and with him is plenteous redemption;**
- 8 And he shall redeem Israel  
**from all their sins.**

## 22

### *Deus, Deus meus*

- 1 My God, my God, why have you forsaken me,  
**and are so far from my cry, and from the words of my  
complaint?**
- 2 O my God, I cry in the daytime, but you do not hear;  
**in the night season also, but I find no rest.**
- 3 But you remain holy,  
**enthroned upon the praises of Israel.**
- 4 Our fathers hoped in you;  
**they trusted in you, and you delivered them.**
- 5 They called upon you, and were delivered;  
**they put their trust in you, and were not confounded.**
- 6 But as for me, I am a worm, and no man,  
**scorned by all, and the outcast of the people.**
- 7 All those who see me laugh me to scorn;  
**they curl their lips, and shake their heads, saying,**
- 8 “He trusted in God, that he would deliver him;  
**let him deliver him, if he will have him.”**
- 9 But you are he that took me out of my mother’s womb;  
**you were my hope, when I was yet upon my mother’s breasts.**
- 10 I have been cast upon you ever since I was born;  
**you are my God, even from my mother’s womb.**
- 11 O go not far from me, for trouble is near at hand,  
**and there is none to help me.**

### THE GOSPEL READING

#### *Stand*

The Holy Gospel of our Lord Jesus Christ.  
**Glory to you, Lord Christ.**

#### *The Gospel Reading*

The Gospel of the Lord.  
**Praise to you, Lord Christ.**

## THE NICENE CREED

Let us confess our faith in the words of the Nicene Creed:

**W**e believe in one God  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, visible and invisible.

We believe in one Lord Jesus Christ,  
the only-begotten son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.

For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit and the Virgin Mary,  
and was made man.

For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshiped and glorified,  
who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one Baptism for the forgiveness of sins.

We look for the resurrection of the dead,  
and the life of the world to come. Amen.

## THE SERMON

*Rev. James Broadhead, or guest*

## THE OFFERTORY

Not everyone who says to me, “Lord, Lord,” will enter the kingdom of heaven, but the one who does the will of my Father who is in heaven.

MATTHEW 7:21

*A hymn, psalm, or anthem*

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## THE PRAYERS OF THE PEOPLE

*We invite requests for prayer, and answers to prayer:*

[contact@allsaintscalgary.org](mailto:contact@allsaintscalgary.org)

## THE CONFESSION AND ABSOLUTION OF SIN

**A**ll who truly and earnestly repent of your sins, and seek to live in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking in his holy ways: draw near with faith and make your humble confession to Almighty God.

*Kneel or sit*

**Almighty God, Father of our Lord Jesus Christ,  
maker and judge of us all:**

**We acknowledge and lament our many sins and offences,  
which we have committed by thought, word, and deed  
against your divine majesty,  
provoking most justly your righteous anger against us.**

**We are deeply sorry for these our transgressions;  
the burden of them is more than we can bear.**

**Have mercy upon us,**

**Have mercy upon us, most merciful Father;**

**for your Son our Lord Jesus Christ's sake,**

**forgive us all that is past;**

**and grant that we may evermore serve and please you in**

**newness of life, to the honour and glory of your Name;**

**through Jesus Christ our Lord. Amen.**

Almighty God, our heavenly Father, who in his great mercy has promised forgiveness of sins to all those who sincerely repent and with true faith turn to him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

## THE COMFORTABLE WORDS

Hear the Word of God to all who truly turn to him.

Come to me, all who labour and are heavy laden, and I will give you rest.

MATTHEW 11:28

God so loved the world, that he gave his only-begotten Son, that whoever believes in him should not perish but have eternal life.

JOHN 3:16

The saying is trustworthy and deserving of full acceptance, that Christ Jesus came into the world to save sinners.

I TIMOTHY 1:15

If anyone sins, we have an advocate with the Father, Jesus Christ the righteous. He is the propitiation for our sins, and not for ours only, but also for the sins of the whole world.

I JOHN 2:1-2

## THE SURSUM CORDA

*Stand*

The Lord be with you.

**And with your spirit.**

Lift up your hearts.

**We lift them up to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give him thanks and praise.**

It is right, our duty and our joy, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

*Preface of Lent*

You bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

# THE SANCTUS

*Sung:*

**Holy, Holy, Holy, Lord God of Hosts:**

Heaven and earth are full of Thy glory.

Glory be to Thee, O Lord most high.

**Blessed is He that cometh in the name of the Lord:**

Hosanna in the highest.

Edward Norman

Ho - ly, ho - ly, ho - ly, Lord God of Hosts: Hea - ven and earth are

5

full of Thy glo - ry, Glo-ry be to Thee, O - Lord most high.

9

Bless-ed is He that com - eth in the name of the Lord: Ho - san - na in the -

14

high - est.

## THE PRAYER OF HUMBLE ACCESS

*Kneel or sit*

**W**e do not presume to come to this your table, O merciful Lord,  
trusting in our own righteousness,  
but in your abundant and great mercies.  
We are not worthy so much as to gather up  
the crumbs under your table;  
but you are the same Lord  
whose character is always to have mercy.  
Grant us, therefore, gracious Lord,  
so to eat the flesh of your dear Son Jesus Christ,  
and to drink his blood,  
that our sinful bodies may be made clean by his body,  
and our souls washed through his most precious blood,  
and that we may evermore dwell in him, and he in us. Amen.

## THE PRAYER OF CONSECRATION

**A**ll praise and glory is yours, O God our heavenly Father, for in your  
tender mercy, you gave your only Son Jesus Christ to suffer death  
upon the Cross for our redemption. He made there, by his one oblation of  
himself once offered, a full, perfect, and sufficient sacrifice, oblation, and  
satisfaction, for the sins of the whole world; and he instituted, and in his  
Holy Gospel commanded us to continue, a perpetual memory of his  
precious death and sacrifice, until his coming again.

Hear us O merciful Father, and grant that we, receiving this bread and wine  
according to your Son our Saviour Jesus Christ's holy institution, in  
remembrance of his death and passion, may be partakers of his most  
blessed body and blood.

For on the night that he was betrayed, our Lord Jesus Christ took bread; and when he had given thanks, he broke it, and gave it to his disciples, saying, "Take, eat; this is my Body, which is given for you: Do this in remembrance of me."

Likewise, after supper, Jesus took the cup, and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the forgiveness of sins: Whenever you drink it, do this in remembrance of me." **Amen.**

## THE AGNUS DEI

*Sung:*

**O Lamb of God, that takest away the sin of the world,  
have mercy upon us.**

**O Lamb of God, that takest away the sin of the world,  
have mercy upon us.**

**O Lamb of God, that takest away the sin of the world,  
Grant us Thy peace.**

Edward Norman

O Lamb of God, that tak - est a-way the sin of the world, have

mer - cy up - on us. O Lamb of God, that tak - est a-way the

sin of the world: Grant us Thy peace.

## THE MINISTRATION OF COMMUNION

*Baptized Christians are invited to receive Communion, and all are welcome forward for a blessing and for prayer.*

*The chalice or personal cups are available for those receiving wine. Gluten-free bread is available by request.*

## THE LORD'S PRAYER

And now as our Saviour Christ has taught us, we are bold to pray:

**O**ur Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.

## THE POST COMMUNION PRAYER

**A**lmighty and everliving God,  
we thank you for feeding us, in these holy mysteries,  
with the spiritual food of the most precious Body and Blood  
of your Son our Saviour Jesus Christ;  
and for assuring us, through this Sacrament, of your favour and  
goodness towards us:  
that we are true members of the mystical body of your Son,  
the blessed company of all faithful people;  
and are also heirs, through hope,  
of your everlasting kingdom.  
And we humbly ask you, heavenly Father,  
to assist us with your grace,  
that we may continue in that holy fellowship,  
and do all the good works that you have prepared for us to  
walk in;  
through Jesus Christ our Lord,  
to whom, with you and the Holy Spirit,  
be all honour and glory, now and for ever. Amen.

*Alternate Post Communion Prayer*

**O** Lord and heavenly Father,  
we your humble servants earnestly desire your fatherly goodness  
mercifully to accept this, our sacrifice of praise and thanksgiving;  
asking you to grant that, by the merits and death of your Son Jesus  
Christ, and through faith in his Blood, we and your whole Church may  
obtain forgiveness of our sins, and all other benefits of his passion.

**And here we offer and present to you, O Lord,  
ourselves, our souls and bodies,  
to be a reasonable, holy, and living sacrifice.**

**We humbly pray that all who partake of this Holy Communion may  
worthily receive the most precious Body and Blood  
of your Son Jesus Christ,  
be filled with your grace and heavenly benediction,  
and be made one body with him,  
that he may dwell in us, and we in him.**

**And although we are unworthy, because of our many sins,  
to offer you any sacrifice,  
yet we ask you to accept this duty and service we owe,  
not weighing our merits, but pardoning our offences,  
through Jesus Christ our Lord.**

**By him, and with him, and in him, in the unity of the Holy Spirit,  
all honour and glory is yours, Almighty Father, now and for ever.  
Amen.**

*A hymn, psalm, or anthem*

THE BLESSING

**T**he peace of God, which passes all understanding, keep your hearts  
and minds in the knowledge and love of God, and of his Son Jesus  
Christ our Lord; and the blessing of God Almighty, the Father, the Son,  
and the Holy Spirit, be among you, and remain with you always. **Amen.**

